

# *ERR System*

## *(Exterminator, Eraser, Reprogrammer System)*

Why do we need to take action towards preserving (or creating) our own health? Many of us have insurance and our medical bills are paid through the insurance company. Many more of us are discovering rapidly that the insurance companies no longer pay like they used to and that it's costing more and more to go to the doctor. "But," you say, "I live the US, and we have the best health care in the world, so if I need to come up with some money to pay for my health, that's fine, because my health is very valuable to me and the doctors in the US will take good care of me." Dr. Tennant (a creator of this oil trio) says, "Perhaps." Let's look at some statistics.

According to the World Health Organization (WHO) the medical outcomes of healthcare in the US is 37<sup>th</sup> in the world (out of 191). The Commonwealth Fund compared the US, Australia, Canada, New Zealand, Germany, and the United Kingdom's healthcare systems. The US came in second to last. Of course, if you're in an accident, go to the emergency room as soon as possible to have your broken bones and things attended to, but what about basic healthcare? You may say, "I have my recommended mammograms every other year. I am doing my part to keep myself in good health, the doctors will catch anything that's wrong before it becomes a problem." Let's look at a few more statistics.

You get your mammograms so you won't have a problem with cancer. The Swedes did a study on this and it was published in *The Lancet*, a prestigious medical journal. They found that there is no beneficial effect of screening for breast cancer. In fact, for every 1,000 women screened every other year over a 12-year period, one breast cancer death was avoided, whereas the total number of deaths increased by six. Why would that be? First, radiation causes cancer and you're exposed to radiation when you get your mammogram. Second, if they diagnose cancer then you begin treatments of chemotherapy and more radiation. If you look at the mean time to death for those methods of chemotherapy approved by the FDA to treat cancer you will find that the mean time (average) to death is 7.6 months. Another study was conducted that compared the Australian health system and the American health system and they found that the contribution of chemotherapy to cancer survival was the same in both countries—2%.

A few final statistics for you to consider and then we'll move on. According to a paper in the American Medical Association, the third leading cause of death in the US is errors in hospital care. The leading cause of death is heart disease, the second is cancer, and the third is medical mistakes. If you add to that the number of people who die from side effects of medication then healthcare in this country becomes the leading cause of death.

Why do we go over these things? Is it to scare you? Is it to make you depressed and hopeless over your health future? No! I want you to start taking an active part in creating health in yourself and in the lives of your loved ones! You and your body can do incredible things. Let's look at health care.

There are three basic ways to look at health care: diagnose and action, energy, and a combination of the two. Diagnose and action is the way the standard health care system works. You diagnose the problem and determine an action, I have an infection, and I need to take an antibiotic to kill the bacteria. This system can be applied to most forms of health care. For example, if you use herbs you would say, I have a cold; I need to take Echinacea to increase my immune system. If you use essential oils you could say, I have a Charlie Horse (cramp in the calf); I should rub Basil essential oil on it to release the muscle. The diagnose and action way of looking at health care assumes that your logic is more in charge of your body than your body is.

Using energy for health care looks at the body and says, a healthy human body's frequency oscillates at between 62-68 MHz. If you are experiencing a headache and you know that the human brain's frequency is usually between 70-78 MHz, and you also know that if your brain's energy or voltage levels drop you experience a headache, you will look for a way to increase your brain's voltage. Peppermint essential oil's frequency is approximately 78 mhz, which is why it is such an excellent headache remedy, it will help raise the voltage level of your brain back up to where it is supposed to be. The biggest difference here is that you add to your diagnosis, "I will do something to bring the voltage in my body back up immediately, but then I will try to figure out why the voltage dropped in the first place." You learn to look at a situation and say, "I fell down, now I have a bruise, what is my body trying to do with that bruise, how is it trying to repair it?" Then you work to provide your body with the tools it needs to heal itself. You may assist by providing increased nutrition, you may assist by supplying an essential oil that will help raise the voltage, or you may assist by simply taking a nap and allowing the body to use resources it needed while you were awake to take care of the problem while you sleep. The energy way of looking at health care assumes that your body knows what needs to be done; you just need to give it the tools it needs and let it do what it does best.

An example of a combination of these two schools of thought is using a Rife machine. If you use a Rife machine, you first determine the problem (diagnose and action) then you use the correct frequency of the machine and direct it at the body to adjust the frequency of that area (energy). For example, you have an infection in your leg, you figure out which frequency setting will destroy the bacteria that are causing the infection, then you use the Rife machine to direct energy at that frequency at the infection site. The energy levels destroy the bacteria and you're ready to move on. You're using an energy level that your body would normally use to destroy the bacteria (working naturally towards your goal), but you didn't address the problem of why the voltage levels were low enough in your body that it couldn't handle the infection itself. You never gave the body the tools to heal itself, but you're healed so you don't worry about it anymore.

The EER system follows the energy for health care system. It uses three essential oil blends that have been carefully formulated using the best essential oils available, Dana Clay Young's world-class skill at creating fabulous blends, and Dr. Jerry Tennant's research to bring about these blends. First, a quick look at how they work.

One of the most fundamental parts of any living organism is a terpene. Terpenes come in different kinds; there are sesquiterpenes, monoterpenes, diterpenes, and more. Terpenes are carried over in essential oils. You may remember us referencing various kinds of terpenes when explaining why this oil works so well at assisting in respiratory ailment while another works better at helping with overworked muscles. Each kind of terpene has a job to do in order to keep the organism healthy. What Dr. Tennant was able to figure out is that a certain set of these terpenes has the ability to kill most microorganisms and to help destroy toxic things and help usher those out of the body. He applied the energy system of health care to this and discovered that if you put these particular oils together in a blend that they would be very powerful in accomplishing the problem of getting rid of infections and toxic things in the body, so he named that blend **Exterminator**.

He also found that certain other of these terpenes are able to help sick cells apoptosis (die and eliminate themselves). We have certain of these terpenes that help the body do that and get rid of these bad cells. He called this oil blend **Eraser** because we're erasing all of the bad stuff.

Finally, there's another group of these terpenes that have the ability to increase the frequency of the cells back up toward normal and help them program themselves so they do the appropriate thing they're supposed to do. He called this blend **Reprogrammer**.

For some time he's been using these three blends, in order, Exterminator to clean up the mess in the body, Eraser to get rid of the cells that were damaged by those things, and then Reprogrammer to get the new cells back to work doing what they're supposed to do—the **EER system** (Exterminator, Eraser, Reprogrammer system). Dana has made these blends for Dr. Tennant and they have been working quite

**Disclaimer:** The information that is shared herein is intended for informational purposes regarding Be Young 100% pure, therapeutic-grade, EOBBB guaranteed essential oils only. The statements contained herein have not been evaluated nor approved by the US Food and Drug Administration. Any advice and/or product(s) mentioned should not be used to diagnose, treat, cure, or prevent any disease. Always consult your healthcare professional if you are currently taking medication, pregnant, trying to get pregnant, nursing, or if you have any other health condition before taking any products mentioned or applying any information contained herein. **Copyright Traces 2009 (208-852-2295, www.TracesEtc.com)**

well and Dr. Tennant has seen some amazing results. Remember that these are meant to be used in this order: Exterminator, Eraser, and then Reprogrammer (the bottles will be labeled 1, 2, and 3).

The basic ways that essential oils can be introduced into the body is: by topical application (simply put the oil on your skin). This is especially effective if you apply the essential oils to the hands or the feet because the hands and the feet contain acupuncture or reflexology points that correspond with every part of your body. They also contain energy meridians on them. Another basic way to introduce essential oils to your body is to breathe them in; if you breathe them in through your nose then you are introducing them to your brain (there's only a very thin bone between your nose and your brain). If you breathe them in through your mouth then they are introduced into your lungs, which in turn pass them on to your blood supply with oxygen, and the blood quickly passes them on to the rest of your body through your circulatory system.

We use all three of these basic ways of introducing an essential oil into the body with the EER program. First take a few drops in the palm of your hand and rub them around so that you have them on both sides of both hands. This gets them in through the acupuncture system into the entire body. Next you hold your hands up to your face and inhale through your nose. When you do that the vapors go in through your nose and right up into the brain. Then you open your mouth and inhale, that takes the vapors into the lungs, they get deposited into the bloodstream, and then very quickly they go throughout the entire bloodstream to the body. Then rub your hands on your scalp. The scalp has little fibers that go right through the bone so your scalp is directly connected to the covering of your brain. The brain is what controls most everything else so if you can get the brain to work at the appropriate way and in the appropriate frequencies that's very effective in beginning the process of getting everything else to work.

To review:

1. Put the oil on the palms of your hands and rub it on both sides (acupuncture system).
2. Inhale through the nose (goes to the brain).
3. Inhale through the mouth (goes to the lungs and into the blood stream).
4. Put on your scalp.
5. Optional: you can apply directly to an area that you're having a problem with.

What Dr. Tennant is finding is that no matter what's wrong with you, instead of memorizing "I've got a sore throat I need to use this oil, I've got a sore toe I need to use this oil, etc." If you just use the EER system it's much more of an energetic approach, it keeps life simple, and it works. He's seen people with severe allergies use these for a few weeks, redo their allergy testing and their testing is near normal or normal. People in severe pain, such as a frozen shoulder where they can't lift their arm, they use these and a few minutes later they can begin to lift their arm.

How does this compare to other things? You can actually look at different systems that have been used and recommended over the years, all of which have worked to amazing benefit for many people, but what you will find is that if you carefully look at the specific terpenes that are in other systems and you look at terpenes that are in the EER system, there is no other system out there that has such a strong representation of the specific terpenes that you need to accomplish the things that your body needs to heal. That's why Dr. Tennant is excited about what they've been able to figure out here and develop and he hopes that you'll be excited about them as well.

**To order, for class information, or if you have questions contact:**

Debby or Penny Swann  
208-852-2295  
www.TracesEtc.com