



Essential Oils as antibiotics and antivirals

Clinical research has shown that essential oils are highly anti-viral and anti-infectious. A recent study done at Weber University has proven that four essential oils will kill 100% of the bacteria and viruses found in any room where they are diffused. This is a significant breakthrough since there are so many life threatening viruses and drug resistant bacteria. Doctors once predicted antibiotics would vanquish infectious diseases; however, the bugs are rapidly overwhelming today's medicines. Bacteria naturally evolve to avoid antibiotics, a process first spotted just five years after penicillin's debut in the 1940s. But resistance appears to have sped up in the last decade, largely because antibiotics are being overused giving the germs more chances to mutate.

Pathogenic microorganisms such as viruses and bacteria do not become resistant to essential oils as they do to modern-day synthetic antibiotic drugs. One reason viruses and bacteria cannot mutate with the essential oils is because of the many chemical constituents that make up essential oils.

"Unlike drugs, whose chemical formulas are precisely modulated and measured, the chemical constituents of an essential oil will vary depending on the amount of rainfall and daylight to which plants are exposed, soil conditions, humidity, elevation, even the time of day at which the plants are harvested. No matter how carefully these variables are controlled, every batch of pure essential oil is going to be slightly different from the one before and the one after.

That slight variance in chemicals from one batch of essential oil to the next is all it takes to prevent fungi, bacteria and viruses from developing resistance to these natural plant remedies - and it's why we can use the same essential oils to fight cold and flu that our ancestors were using centuries ago."

"As today's growing plague of pathogenic, antibiotic resistant bacteria, mutating viruses, infectious fungi and disease causing parasites are becoming more & more of a threat, it is comforting to know we can have such powerful weapons as therapeutic grade essential oils. Every family needs to know about them."

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