

Paralysis

“Kirlian photography has shown that all living matter retains its magnetic energy whether its parts are functional, paralyzed, or amputated. That applies equally to human limbs and plant leaves. The essential oils are, like ourselves, thoroughly natural and have the ability to influence living matter on a level that chemical-based medications cannot do.” ([The Complete Book of Essential Oils & Aromatherapy](#) by Valerie Ann Worwood)

The following oils may be helpful massaged on the area and on the feet. Remember, especially when dealing with paralysis, that you need to address the whole body, not just the problem area. I have made some notes after each oil to help you see what they may be affecting and how they may be helping. Please don't limit yourself to just my notes, these oils are doing far more than I've listed here, I'm just trying to increase your understanding and help you get a feel for which oils you should use for your particular situation.

- **Basil:** Stimulates blood flow and decongests veins. Relaxes muscles and soothes nerves. Is a nerve feeder, use in conjunction with Helichrysum for marvelous nerve health.
- **Bay Laurel:** Activates lymph flow and drainage. Carries energy throughout the body.
- **Chamomile, German:** Brings peace and harmony to the body. The most anti-inflammatory of all the essential oils. Deals with neuralgia. Chamomile soothes the flow of the body's Qi-energy. Chamomile's ability to regulate the movement of vital energy helps to relax the nerves. Calms and soothes feelings of anger and frustration.
- **Cypress:** Decreases swollen scar tissue. Supports cardiovascular system and emotional well being during times of loss and stress. Increases circulation big time. Helps with anger, uncontrolled crying or talking, spiritual aid for transitions. Good oil for rehabilitation during convalescence when the system has been slowed down.
- **Frankincense:** Especially good for respiratory, nervous, and immune system. Helps maintain normal cellular regeneration. Decreasing scarring. Deals with neuromuscular issues. Powerful antidepressant.
- **Geranium:** Remedy for emotional and physical wounds. Aids circulation. Cellular regenerative. Effective with neuralgia. Taps into the power of the heart.
- **Helichrysum:** Decongests, unblocks, and rejuvenates. Great for the nervous system. One of the best essential oils for traumas. Where the body has been wounded or the emotions assaulted, this oil provides relief. It has the capacity to mobilize emotional paralysis, work with neuralgia, and is a neurotonic. It also improves meridian flow. **If you are dealing with nerves this is the first oil to reach for.** Helps stimulate the myelin sheathe and helps migrate the nerves so they can jump over or around a damaged area. Nerve regrowth is a slow process, expect 2-3 months recovery for every year it's been damaged. First sign of regrowth will be tingling sensation, then burning, then pain.
- **Lavender:** Comforts, revives the spirit and calms the mind. Balances the skin, body, and mind. Regenerates cells and thread veins. Reduces scarring. Relieves pain, heals wounds, and rejuvenates.
- **Lemon:** Improves circulation, tones capillaries and veins. Addresses slackened muscle tissue and poor circulation.
- **Lemongrass:** Regulates autonomic nervous system. Cleansing, lymphatic support. Strengthens and supports connective tissues.
- **Orange:** Increases circulation, cell hydration and supports cellular regeneration. Stimulates nerve endings. Supports collagen, which is vital for the repair of body tissue. Increases fluid circulation.
- **Peppermint:** Energizes a sluggish body. Detoxifying, activates lymph flow and drainage. Relieves neuralgia.

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- **Rosemary:** Excellent for regeneration. Assists with blood flow. Excellent to use following paralysis or where degeneration of muscular tissue has occurred in the body. Stimulates circulations, provides the body with energy and vitality. Combats physical and mental lethargy and strengthens arterial blood flow. Promotes circulation in the extremities of the body.
- **Sandalwood:** Renowned for treating the mind and body at the same time. Tissue regenerator, deprograms cellular misinformation and carries oxygen at the cellular level, increases capillary circulation.
- **Loving Care:** mentally and physically calming and sedating. Excellent for tension release. Absolutely incredible for the skin.

When the nerves begin to regenerate there will be pain. Apply Physical Touch or Peppermint (or rotate between the two) on location and on the feet to help deal with this.

Do the Daily Energy Routine DAILY! This is a routine taught by Donna Eden. We teach a class in this procedure or you can learn it from her or from her DVD classes. It is something I would consider vital in this process as it helps the meridians (your energy life centers) continue running in the correct direction and areas.

Daily massage. This is incredibly beneficial. Manual exercise and massage will greatly improve overall muscle tone and help slow down muscle deterioration.

Support the body in its healing efforts with a good liquid nutritional supplement.

Perform the EAT (Emotional Aromatic Touch). Remember, paralysis is not just a physical problem, it's also going to be extremely emotional (some paralysis is even caused by a totally emotional event, with no physical trauma involved).

Perform the PAT (Physical Aromatic Touch) every three days. You may have to get creative in the Assessment process, but don't ignore it. There is a benefit to having all 7 of the PAT oils applied.

Note: don't do the EAT and PAT on the same day unless you have good reason to. These are very potent procedures; you can easily overwhelm the person's system.

To order, for class information, or if you have questions contact:

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