

Skin Cancer or Preventative

Skin cancer comes in many forms. This article hopes to address preventative as well as dealing with. One quick note, many doctors say avoid the sun, others say use the sun because the Vitamin D it provides helps fight cancer. From my reading, enjoy the sun in, as with all good things, moderation. You want to avoid spending so much time in the sun that you burn, but spending some time in the sun without sunscreen is essential to your health. There are things you can do to help prevent burning and make your time in the sun more enjoyable. Please see our article on Sunburn for more information on this.

Basic things we should all do:

- First, we strongly recommend you start the liver cleanse—if you have cancer or if you are doing preventative maintenance, it is a must do. I have listed the Liver Cleanse recipes at the bottom of this article.
- Make most of your meals out of green, leafy vegetables (the darker the green, the better) and eat as many of them raw as you can.
- Begin using Lugol's Iodine Solution. Contact us for more information on this or search the web.
- Drink lots of good, clean water. Take your body weight, divide it in half, pretend it's ounces instead of pounds, and drink that much water. For example, if you weigh 100 pounds, drink 50 ounces of water a day. Don't drink it all at once, drink it throughout the day.

Melanoma:

The following oils are recommended for dealing with melanoma. You want to layer the oils you choose to use, apply one, wait for it to be absorbed, and then apply the next one. Apply the essential oil directly to the affected area. It's okay to get on the area around it, but you may get dermal sensitivity there, so try to keep it directly on the problem area.

- Frankincense
- Myrrh
- Lavender
- Cypress
- Rosemary
- Geranium
- Guardian blend

Moles:

Red and black moles are sure signs that the liver is toxic and overworked, get started on that Liver Cleanse!

- Black moles generally respond best to Lemongrass
- If a mole has been diagnosed as cancerous apply Frankincense (remember, cancer cannot exist in the same space as Frankincense) and then Lavender.
- If you just have a mole (it's not cancerous) but you want to get rid of it apply Cypress and then Frankincense.
- If the above doesn't work you can also try adding Tea Tree to your oils you're applying to the mole.
- You do have to be persistent. Some people report that their moles just diminish and go away, others have reported that they fall out or become loose and are accidentally ripped out. If yours comes out it may leave a hole, apply Lavender and it will heal up nicely without leaving a scar.

Skin Tags:

- Lemongrass applied daily, will make them fall off—be persistent!
- If Lemongrass doesn't work, Oregano generally will—be careful, it will burn the skin.

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- Do your Liver Cleanse and they will disappear naturally.

Cysts (Ganglion or Sebaceous) or Fatty Tumors:

Sebaceous Cysts are cysts that contain oily, fatty material; they are generally non-cancerous. Fatty tumors are those mysterious lumps you'll find upon occasion.

- Ganglion cyst: Helichrysum and Cypress
- Fatty tumor: Cypress
- Any cyst apply Guardian, Frankincense, Cypress, Lavender, Bay Laurel, or Cypress—or rotate among them.
- Liver Cleanse (have I mentioned this before?)

Liver Cleanse recipes:

Basic Liver Cleanse

The recipe consists of fresh Lemon Juice, Peppermint Oil and Lemon Oil. Each tablespoon consists of:

- 1 tsp to 1 Tbsp of Fresh Lemon juice
- 1 drop of Peppermint oil
- 1 drop of Lemon oil

Follow with a glass of water. Use Forever Young oils ONLY. Refer to pages 33 to 45 in Dana's book.

Mid Level Liver Cleanse

- 20 oz. of water
- 2 tablespoons of Raw Honey
- 2 tablespoons of fresh squeezed Lemon Juice
- 3 drops of Lemon Oil
- 3 drops of Peppermint Oil
- A pinch of 90 HU Cayenne Power (middle of the road-mild)

Drink within a reasonable amount of time. Use the ForeverYoung oil only. Refer to pages 33-45 in Dana's book. Taught at Boot Camp Feb. 2008.

Heavy Duty Liver Cleanse or Liver Cleanse on Steroids

Some people report that it is a real cleanser. Go easy with this one. Consists of:

- 20 oz. Water
- 4 tablespoons of grade B Maple syrup
- 4 tablespoons of fresh squeezed Lemon juice
- 5 drops of Lemon Oil
- 5 drops of Peppermint Oil
- 1/4 teaspoon of 90 HU Cayenne

Drink in a reasonable amount of time. Use the ForeverYoung oil only. This was taught at Boot Camp Feb.-2008. See pages 33-45 in Dana's book.

Success Stories:

In January my husband developed melanoma on the bottom of his left heel. By the time he got to the doctor it was 1 1/2" long x 1/4" wide, approximately 3 months old. He went to the doctor; they made a biopsy and confirmed melanoma. His sister sent him Dana's oils, which he applied four times a day. By the time he had surgery in August (7 months later), the oils had stopped the cancer growth, killed it, and it was starting to peel off. During surgery the doctors removed his leg lymph nodes, melanoma & performed a skin graft. The pathology reports were negative for cancer in his lymph nodes and surrounding melanoma tissue. The oils saved his life.

Please feel free to use our stories.

These oils are absolutely fabulous!!! --Julie M.

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Here is Tom's melanoma recipe:

Put 3-4 drops or more of each of the following oils directly onto the melanoma a minimum of 3-4 times daily: Coriander, Rosemary, Dill, Spice of Life, Fennel, Oregano, and Lavender. He used these oils for 2 weeks. Do NOT dilute the Oregano. The Oregano burns the skin, so make sure it goes directly on the cancer.

Then, after 2 weeks, he used the same oils as above and added DMSO (DMSO causes the oils to penetrate the skin deeply and rapidly), Helichrysum, Chamomile, Eucalyptus and Frankincense. He continued this until he had surgery. Several days after surgery I applied DMSO, Lavender, Frankincense, Helichrysum and Spice of Life to his wounds (he had melanoma removal, skin grafting and lymph node removal).

Do a liver cleanse (1 TBL Lemon juice, 1 drop Lemon oil, 1 drop Peppermint oil)

Do a Lymphatic Cleanse for 2 months (5 drops cypress, 5 drops orange) in 32 oz water.

Take 2 oz Masaji per day

Drink 1 gallon spring water every day

He changed his diet to organic vegetables, fruits and protein. He removed all sugar, pop, caffeine, microwave cooking and Teflon cooking from his diet.

Don't forget to add a large dose of "fear" and pray.

After surgery, the pathology reports revealed no cancer cells to the surrounding melanoma tissue, no cancer cells to his lymph nodes and no cancer cells in his lymphatic system.

Tom had Stage 4 melanoma, which invades your blood stream and lymphatic system (lymph nodes). The oils cleansed his lymph system, blood system and stopped the melanoma growth. His oncologist couldn't believe the "no cancer cell" pathology results.

Dana, your oils are so pure they heal the body. Thank you for a second chance at life!

Mother had a large, raised, black mole on shoulder. Doctor was due to take out in 3 weeks. Decided to try oils. Take 3 oz Masaji daily, rubbed Masaji and Frankincense directly on the mole daily. Noticed first change in 4 days, noticed another change in 7 days. Stopped taking Masaji. No change seen. Started procedure over again and mole disappeared and doctor not needed. Key was consistency. –Anon, Canada

I was diagnosed with melanoma on the face. My sister told me to do the following... 2 oz Masaji twice a day and then apply the following oils to the melanoma twice a day, 2 drops Frankincense, 2 drops Myrrh, and 2 drops Lavender. I applied the oils straight, no carrier oil, and layered them. 30 days later I went to the doctor and the melanoma is gone! --Shirley H.

I had a huge fatty tumor under my arm and have been putting Cypress on it and it has really gone down in size quite quickly. –Gaye

I had a lump near the groin, I applied Guardian to it twice a day, and within about 2 months it was all gone!
--Mary Ann

To order, for class information, or if you have questions contact:

Debby or Penny Swann

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