

November-December Newsletter
Traces, Enhancing your life with Essential Oils
www.TracesEtc.com

Got a cold or the flu?

A weakened immune system provides the right environment for illness.

Strengthen your immune system with:

- Spice of Life Essential Oil Blend (FY)
- LeDeliverance Ess. Oil Blend (BE)
- Oregano Essential Oil
- Exchange Essential Oil Blend (FY)
- LeAspire (BE)
- Healing Bath Salts

Success Story

“My two year old son developed a gurgly, croupy cough over the last few days. With the holiday festivities, I didn’t stay on top of it until I found him crying, coughing, and just lying there saying “I sick.” He had a fever coming on as well, and would not eat or drink.

I mixed up 12 drops of Message Oil and 4 drops of Oregano Oil, which I rubbed over his chest, back and feet. Then I rubbed him down with just Message Oil, to further slow the absorption of the Oregano Oil. He dosed off for about ten minutes, and then was running around, back in action as a two year old should be, asking for some food!

At bedtime I rubbed his chest, throat, and back with exchange, diluted 50% with Message Oil and Oregano (diluted in Message oil) on his feet. He slept all night, no coughing, no fever. This morning he is ready to go with Daddy to the mountains to get a Christmas tree!”
Carol M.

For more information on any of these products go to our website, or call us. 208 852 2295

www.TracesEtc.com

What would vibrant health look and feel like to you?

What would it look like in 6 months? In 5 years? In 25 years?

Our health offer is simple:

We’ll support you to create the health that matters to you.

We’ll help you to implement the habits that create vibrant health.

Our first class in Preston will be January 3, 2007, 6:30-7:30 pm

At the Larson-Sant Library Community Room

\$5 per person, (redeemable on products)

Give the gift of health to a loved one for Christmas with a \$5 gift certificate.

Can’t wait till the new year? Give us a call now and we will get you started.

Or, we can come and do a class in your area.

208 852 2295, ask for Debby

We will talk about simple steps you can take in your everyday life to create better health.

FrequenSea is a part of this health plan, as a whole food supplement to give your body the building blocks it needs on a cellular level. For more information on this product, go to:

<http://www.forevergreen.org/videos/ByLandBySeaHigh.wmv>

Disclaimer: The experience shared herein is that of the writer and is intended for informational purposes only. The statements contained herein have not been evaluated nor approved by the Food and Drug Administration. Any advice and/or product(s) mentioned should not be used to diagnose, treat, cure, or prevent any disease. Always consult your healthcare professional if you are currently taking medication, pregnant, trying to get pregnant, nursing, or if you have any other health condition before taking any products mentioned or applying any information contained herein.